



TALKING POINTS



Ep.11: Suicide - A Survivor's Story

I invite you to take a closer look at your beliefs about suicide.
Answer the following questions for yourself only or discuss them with friends and family.

Describe what you were taught by your parents, peers, society, or religion about the taking of one's own life.

Have you ever considered or attempted suicide? If so, list the reasons why you felt ending your life was the only option.

Until 1983 the Roman Catholic Church considered suicide a mortal sin. However, upon reflection, its focus changed from blaming the person who dies by suicide to providing care to those at risk, survivors, and their families. Describe how this change reflects what you believe about Jesus' heart.

Describe your thoughts on how a true Christian perspective on suicide should begin with the affirmation of faith that nothing, including suicide, separates us from the love of God.
